



## **Grimmway Academy Shafter**

Wellness Committee

Annual Report

2018-2019 Wellness Committee meeting dates:

- August 30, 2018
- November 8, 2018
- February 7, 2019
- March 11, 2019
- May 16, 2019

During the 2018-2019 school year, Grimmway Academy Shafter (GAS) continued their Wellness Committee (WC) comprised of teachers, administration, physical education teacher, nutrition staff, school nurse, and parent representative. The WC continued the use of the Grimmway Schools Wellness Policy. This policy includes current compliance with the new regulations set by the USDA and Healthy Schools Program. The policy includes:

- An outline of the role of the WC.
- Policies for implementation, monitoring, accountability, and community engagement.
- Sections about competitive foods and fundraising.
- Physical education requirements and goals.
- Additional activities to promote student and staff wellness.

The committee reviewed this policy on August 30, 2018 and will continue to support its' guidelines.

During the school year, the WC executed the following goals:

- Grimmway Academy Shafter Farmer's Market:
  - On October 25, 2018, GAS had its first Farmer's Market which hosted 10 vendors including local farms and businesses.
- Grimmway Academy Shafter Wellness Fair:
  - On April 25, 2019, GAS had its second Wellness Fair (renamed the Spring Expo) which hosted more than 30 vendors including community services, local fire and police departments, and a soccer clinic from the CSUB women's soccer team.

During the 2018-2019 school year, it is the goal of the committee to:

- Create and distribute a student wellness survey
- Host our second Farmers Market in fall of 2019
- Host a third Wellness Fair (Spring Expo) in Spring 2020

Next year's WC will be looking for new members in August 2019. If you are interested in becoming a committee member or attending WC meetings, look for information about the WC online and in materials sent home with your child.

Any questions or comments about the Wellness Committee can be directed to Anna Melby, Committee Chair, at: [amelby@grimmwayschools.org](mailto:amelby@grimmwayschools.org).